

THE SPOT

REHAB • PERFORMANCE • RECOVERY

2025 YONEX Canadian Masters Championships Friday May 30th 9:00am

Who are we?

We are a multi-disciplinary family and sports clinic located in Markham and Scarborough. Our services providers are physiotherapists, chiropractors, massage therapists, athletic therapists, osteopaths, and dietitians.

What we will be providing?

We will be providing complimentary treatment and taping which will include the Soft Tissue Massage, use of Theragun, Normatec and many more modalities/tools to athletes.

For athletes who require a full treatment we offer massage therapy, physiotherapy, chiropractics and athletic therapy at a discounted cost of \$55 for 30 minutes.

Visit www.thespotrehab.com or Athletes wishing to book in advance on May 30th can do so by scanning the QR code with their phone.

