

ACME PHYSIO

"Markham's Award-Winning Physical Therapy/Rehabilitation Clinic and Training Centre"

ACME PHYSIO is a rehabilitation clinic in Markham that focuses on **sports therapy and enhancing physical performance**. Our team consists of Physiotherapists, Chiropractors, Registered Massage Therapists, Acupuncturists, Naturopaths and Chiropodists/Podiatrists (Foot Specialists). We currently treat athletes as well as non-athletes of all ages, sports and backgrounds. **Some of our athletes include current and ex-provincial and national level youth players as well as Team Canada Badminton Olympians**. Our emphasis is not only on the treatment of injuries but also injury prevention, strength and conditioning, and optimizing performance with biomechanical movement assessments and coaching principles. We are pleased to be a part of the 2025 YONEX Canadian Masters Badminton Championships and can't wait to see you in person!

Tournament Day (Friday, May 31st) Outreach Booking:

- ACME PHYSIO is pleased to offer brief **on-site complimentary assessments and treatments** for all athletes and participants. Please use the following link to pre-book your time slot:
<https://docs.google.com/document/d/160K7tK2W-q3Ie1qmeSGaGpgaqZOAK1Rq3hKu8WvklM/edit?usp=drivesdk>

Post Tournament In-Clinic Offer:

- Every athlete we assess on-site will be **offered a discounted follow-up session (\$80) in clinic** instead of an initial assessment (\$140) for the first-time visit, sign up now to secure your time slot on tournament day!

Recharge and Recovery Station:

- Join us at our specialized ACME Recharge and Recovery station at no cost for some self-care and learn more about our services!

NormaTec Compression Therapy, Massage Devices, Foam Rollers, Yoga Mats, Massage Balls, Ice/Heat Therapy

Athletic Taping Services:

- Our healthcare team supplies athletic taping services if you 'bring your own tape' (BYOT!)
- If you require taping services without your own tape, we will charge a \$5 nominal fee

Tournament Day Raffle:

- **Everyone is invited for our tournament day Raffle!** We will be raffling off a full Chiropody/Podiatry foot biomechanical assessment along with a pair of **CUSTOM-MADE SPORT ORTHOTICS** by our very own Dr. Alan Chan (Total valued at \$640!!!)
- Please visit our booth on tournament day for raffle instructions!

Visit our website www.acmephysio.com for more clinic information or pre-tournament bookings!