

2025 CANADIAN MASTERS BADMINTON CHAMPIONSHIPS

Sunday June 1 2025

Your On-Site Recovery & Performance Team

2 Align Health is an interdisciplinary clinic located in **Richmond Hill, ON**, 10 minute drive from the Pan-Am centre, specializing in Chiropractic, Massage Therapy, Acupuncture, and Naturopathic Medicine. Our mission is to **help active individuals recover faster, move better, and perform at their best**—both on and off the court.

Come visit us during the tournament for **expert care, injury support, and performance recovery** - all designed for athletes like you.

SERVICES :

Complimentary Consultations

Self-guided tools to aid in muscle recovery and mobility. Includes foam rollers, massage balls, vibration tools & more.

\$15 All Day Recovery Zone Access

Self-guided tools to aid in muscle recovery and mobility. Includes compression therapy, foam rollers, massage balls, vibration tools & more.

\$5 Sports Taping

Choose between KT Tape or Zinc Oxide Taping for joint and muscle support.

\$10 Sport Injury Therapy

Includes injury assessment + treatment (hands-on therapy or taping).

\$30 15-Minute Sports Massage

Focused, effective muscle work to release tension and promote performance.

\$30 Shockwave Therapy

1 location, 1 course of high-performance therapy to instantly promote healing and reduce pain.

\$30 Chiropractic Assessment + Adjustment

Includes a sports-focused spinal and joint evaluation + treatment to enhance mobility.

Book an appointment today and receive:

\$20 OFF your **Initial Chiropractic Visit** or **60-Minute Massage** at our clinic!